

A STALKING.ORG REFERENCE GUIDE

Reporting Stalking to Maine Officials

Statewide Edition

Every hotline, state agency, and court resource you need to report
stalking in Maine.

Statewide Maine agencies
Verified phone numbers & addresses
Part of the Stalking.org 50-state series

stalking.org

GETTING STARTED

How to Use This Guide

This guide covers **statewide** Maine resources: the government agencies, hotlines, and courts that serve every county. Each section also tells you how to find the right local office for your specific county.

Start here: Maine's Protection from Harassment order covers stalking by anyone, and can now be filed entirely by email.

Before you call: have your documentation ready — dates, what happened, any messages or photos saved, and whether a report has already been filed elsewhere.

If you're in danger: call 911 first. Every other number in this guide is for follow-up support, not emergency response.

What's inside

- Emergency & immediate-danger contacts
- Statewide Maine agencies (Attorney General, Victims' Compensation, DHHS Victim Assistance, Courts)
- Reporting to local police & county sheriffs
- Domestic violence protective orders explained
- Step-by-step: filing a report & getting a protective order
- Specialized support (child abuse, elder abuse, civil rights)
- A one-page master contact sheet

Legal notice: This guide offers general information for educational purposes and is not legal advice. Phone numbers, addresses, and procedures for Maine state and local agencies were verified at time of writing but can change — confirm current details with the agency directly. Stalking.org is not affiliated with any agency listed and is not a crisis service. If you are in immediate danger, call 911.

ACT NOW

Emergency & Immediate Danger

If a stalker is near you right now, threatening you, or has violated a protection order, these are your first calls — before anything else in this guide.

Emergency — Police, Fire, Medical

911

Call if you are in immediate danger, right now.

Maine State Police (find your local troop)

Via maine.gov/dps/msp

For non-emergency matters outside local police jurisdiction.

Maine Dept. of Corrections — Office of Victim Services

Via maine.gov/corrections

Notification and support for victims whose case involves someone under state supervision.

Can't speak safely? In areas where Text-to-911 is supported, you can text instead of calling — check with your mobile carrier or alea.gov for coverage in your county.

Legal notice: This guide offers general information for educational purposes and is not legal advice. Phone numbers, addresses, and procedures for Maine state and local agencies were verified at time of writing but can change — confirm current details with the agency directly. Stalking.org is not affiliated with any agency listed and is not a crisis service. If you are in immediate danger, call 911.

MAINE • STATEWIDE

● Maine — Statewide Agencies

These government agencies serve every county in Maine.

Maine Attorney General — Victims' Compensation Program**207-624-7882**

Covers medical, counseling, and lost-wage expenses for victims of violent crime.

maine.gov/ag/crime/victims_compensation

Maine DHHS — Victim Assistance Program**207-592-0315**

Statewide victim services information and referrals.

maine.gov/dhhs

Maine Courts — Protection from Abuse & Harassment**Via courts.maine.gov/help/abuse**

Official forms, a step-by-step filing guide, and the option to file by email.

courts.maine.gov/help/abuse

Legal notice: This guide offers general information for educational purposes and is not legal advice. Phone numbers, addresses, and procedures for Maine state and local agencies were verified at time of writing but can change — confirm current details with the agency directly. Stalking.org is not affiliated with any agency listed and is not a crisis service. If you are in immediate danger, call 911.

LOCAL POLICE

●Reporting to Local Police & Sheriffs

Stalking is usually reported to the police department in the city where you live or work, or to your county sheriff outside city limits.

Your local police department (non-emergency line)**Dial 911, or search “[your city] police non-emergency”**

Stalking can be reported at any city police department or county sheriff's office.

Your county sheriff's office**Varies by county**

Primary law enforcement in unincorporated parts of Maine.

Your District Court**Find yours via courts.maine.gov**

File a Protection from Harassment order for stalking by anyone, or a Protection from Abuse order for a family or household member — both can now be filed by email.

Good to know: you can file a report at any police department, not only the one nearest the stalker. Ask for the officer's name, a complaint or case number, and how to follow up.

Legal notice: This guide offers general information for educational purposes and is not legal advice. Phone numbers, addresses, and procedures for Maine state and local agencies were verified at time of writing but can change — confirm current details with the agency directly. Stalking.org is not affiliated with any agency listed and is not a crisis service. If you are in immediate danger, call 911.

Protection From Harassment & Abuse in Maine

Protection from Harassment (PFH): covers stalking by anyone — a stranger, acquaintance, neighbor, or coworker.

Protection from Abuse (PFA): used instead when the stalker is a spouse, former spouse, co-parent, or other family or household member.

File by email: Maine now lets you request either order, or file documents in a pending case, entirely by email.

Maine Courts — Guide to Protection from Abuse or Harassment

Explains the difference between the two orders and links the email-filing forms.

courts.maine.gov/help/abuse

An advocate can help

Court advocates can explain protection orders, help with paperwork, and connect you to legal help.

Legal notice: This guide offers general information for educational purposes and is not legal advice. Phone numbers, addresses, and procedures for Maine state and local agencies were verified at time of writing but can change — confirm current details with the agency directly. Stalking.org is not affiliated with any agency listed and is not a crisis service. If you are in immediate danger, call 911.

Step-by-Step: What to Expect

●Filing a Police Report

- 1 Go to any police department or county sheriff's office — you do not have to go to the one nearest the stalker.
- 2 Ask to speak with an officer and say clearly that you want to report stalking or harassment.
- 3 Bring your documentation: dates, messages, photos, and names of any witnesses.
- 4 Ask for the report's complaint number before you leave, and request a copy if possible.
- 5 Ask about victim assistance resources — many departments have a victim advocate or can refer you to ACADV.

●Getting a Protection Order

- 1 File a complaint for Protection from Harassment by email, or go to your District Court in person.
- 2 Describe each incident with as much detail as possible — dates, what happened, and any pattern you've noticed.
- 3 Ask a court advocate for help with the paperwork if you'd like it.
- 4 A judge can issue a temporary order quickly, often without the other party present.
- 5 The order is served on the other party by law enforcement — keep a copy with you, at home, and at work.

Legal notice: This guide offers general information for educational purposes and is not legal advice. Phone numbers, addresses, and procedures for Maine state and local agencies were verified at time of writing but can change — confirm current details with the agency directly. Stalking.org is not affiliated with any agency listed and is not a crisis service. If you are in immediate danger, call 911.

SPECIALIZED SUPPORT

●Specialized Support

Maine Child and Family Services Hotline

1-800-452-1999

Maine Relay 711 · 24/7 statewide reporting for suspected child abuse or neglect.

Maine Adult Protective Services

1-800-624-8404

Maine Relay 711 · 24/7 · for abuse, neglect, or exploitation of an incapacitated or dependent adult.

Legal notice: This guide offers general information for educational purposes and is not legal advice. Phone numbers, addresses, and procedures for Maine state and local agencies were verified at time of writing but can change — confirm current details with the agency directly. Stalking.org is not affiliated with any agency listed and is not a crisis service. If you are in immediate danger, call 911.

QUICK REFERENCE

Quick-Reference Contact Sheet

Print or save this page — every number in this guide, in one place.

Agency	Phone	Scope
Emergency — Police, Fire, Medical	911	Emergency
Maine State Police (find your local troop)	Via maine.gov/dps/msp	Emergency
Maine Dept. of Corrections — Office of Victim Services	Via maine.gov/corrections	Emergency
Maine Attorney General — Victims' Compensation Program	207-624-7882	Statewide
Maine DHHS — Victim Assistance Program	207-592-0315	Statewide
Maine Courts — Protection from Abuse & Harassment	Via courts.maine.gov/help/abuse	Statewide
Maine Child and Family Services Hotline	1-800-452-1999	Specialized
Maine Adult Protective Services	1-800-624-8404	Specialized

Legal notice: This guide offers general information for educational purposes and is not legal advice. Phone numbers, addresses, and procedures for Maine state and local agencies were verified at time of writing but can change — confirm current details with the agency directly. Stalking.org is not affiliated with any agency listed and is not a crisis service. If you are in immediate danger, call 911.

About Stalking.org



A 501(c)(3) nonprofit providing free, accessible safety tools to people facing stalking and cyberstalking — no account, no cost.

stalking.org/about-us · stalking.org/contact-us

Support the work

Donations keep every free tool and guide on stalking.org available for the next person who needs them — including this 50-state series.

Legal notice: This guide offers general information for educational purposes and is not legal advice. Phone numbers, addresses, and procedures for Maine state and local agencies were verified at time of writing but can change — confirm current details with the agency directly. Stalking.org is not affiliated with any agency listed and is not a crisis service. If you are in immediate danger, call 911.